



New Mexico Family to Family Health Information Center (NM F2FHIC)

## HIPS Leadership Path

As the *New Mexico Family to Family Health Information Center (F2FHIC)* at Parents Reaching Out, our goal is to assist families of children with Special Healthcare needs (CSHCN) to make informed choices about healthcare in order to promote good treatment decisions, cost effectiveness and improved health outcomes. The F2FHIC provides information regarding what is available in healthcare assistance in New Mexico and where to find the health resources needed for their children. Our volunteer Health Information Parent Specialists (HIPS) help with the daunting task of helping New Mexico families of CSHCN'S. Our volunteers are mentored through workshops, one-on-one training, conferences and newsletters.

The leadership path below offers many opportunities to make a difference by learning new information and sharing it with others. Each HIPS volunteer makes a personal choice to stay at a level or move through the path in a way that works best for them.

### Level 1

- Attend foundational workshops (PRO 101, FLECHA and/or P2P, Telling Your Story)
- Share general information about yourself by filling out a PRO volunteer application.
- Distribute information about Parents reaching Out in your community
- Assist with PRO Information Booths

### Level 2

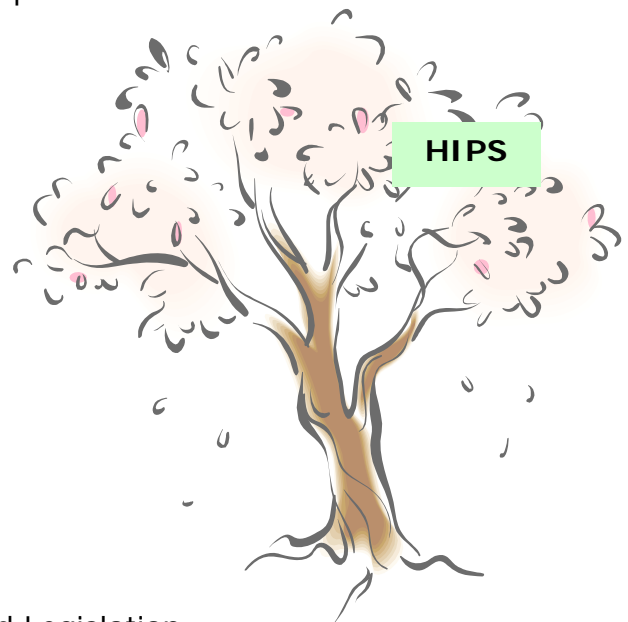
- Attend "Navigating the Healthcare System"
- Attend other Health related workshops
- Review various Family to Family Health Information publications.
- Assist and support other families through:
  - o Phone calls
  - o Emails
  - o Letters

### Level 3

- Attend other PRO project/program workshops (FAF, PTI, DC, PIRC)
- Host PRO Information Booths
- Co-Present at workshops
- Specialize in Specific areas related to:
  - o Medical Issues
  - o Public Education
  - o Healthcare systems

### Level 4

- Present workshops
- Get Involved in legislative issues
- Attend workshop or other training on Testimony and Legislation
- Willing to participate in hearings and press conferences



*By ourselves, we are just one voice. As a network, we can become a choir.  
Together, we can make our Dreams Take Flight*